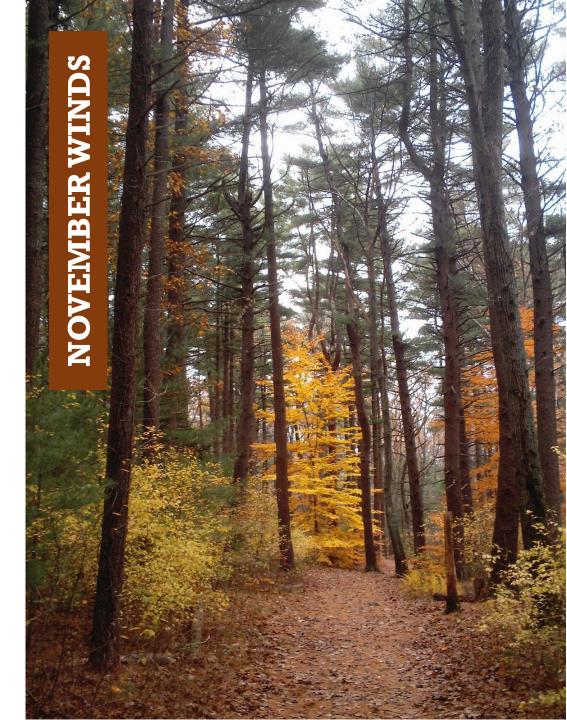




November, 2020



Q2 BELL SCHEDULE



BELL SCHEDULE – Q2 Take a pic with your phone

GRADE 9/10's	GRADE 11/12's
P1 7:55 – 9:10 am	P1 7:55 – 9:10 am
P3 9:15 – 11:15	BREAK 9:10 – 9:25 am
FLEX 11:15 - 11:45 am	P3 9:30 – 11:30 am
LUNCH 11:45 am - 12:15 pm	FLEX 11:30 AM - 12:00 pm
P5 12:20 – 2:20 pm**	LUNCH 12 – 12:30 pm
FLEX 2:20 – 2:50 pm	P5 12:35 – 2:35 pm**
	FLEX 2:35 – 3:05 pm
* * P5 Mon/Thurs students A-L	* * P5 Mon/Thurs students A-L
Tues/Fri students M-Z	Tues/Fri students M-Z

Ms. Saloustros' CLC 12

There will be a mandatory meeting Thursday, Nov.26th in the THEATRE during FLEX at 11:30am.

Digital Learning 10

Hey grade 9s (last names E-M)!

Looking forward to seeing everyone at the first mandatory tutorial on Wednesday, Nov 25th !

Please bring your devices.



YEARBOOK SALES

- Online and available for purchase now, \$45. Early January deadline. After that? Mrs. Gilder will only order a few extra, try to get your orders in as soon as possible.
- Don't be late with your orders. This is a firm deadline.

Please come to the 3rd floor to verify the spelling of your name and what name you wish to use for the yearbook.

GENERAL EXPRESSION AFTER YEARBOOKS ARE SOLD OUT ...



Transgender Day of Remembrance



On November 20, let's take time out of our day to remember and honour the lives of the 350 trans and gender-diverse people who were killed during 2020.



Attached is a 1 minute video talking about Trans Awareness Week: https://www.youtube.com/watch?v=Hd9KBSb1LQc&feature=youtu.be

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Scho High 0 pril tudent

Sasamat Outdoor Centre Youth Leadership Program

January - April for High School Students

With over 30 years of community leadership programming. Sasamat outdoor centre has a fun and engaging curriculum.

4 month long program includes: Weekly 2 hour (online) lessons Experienced leadership staff and

- Hands on learning and weekend
 - Leadership Certification

Covid safety and risk management Rigorous cleaning routine and risk

- We follow the most up to date guidelines
- provided by health officials We have seen success with our safety
- practices throughout our summer and weekend day camp programs.



Registration is now open!

For details or to register check out www.Sasamat.org or give us a call at 604 939 2268



Weekend events hosted at Sasamat Outdoor Centre!

- Weekend events hosted on 6 acres of outdoor space
- **Overnights include individual rooms** and cabins (with options for up to two people upon request)
- Weekend outdoor day trips like snow shoeing, hiking, and canoeing!



VOLUNTEER OPPORTUNITY



- The Snow Angels program is actively recruiting volunteers for the winter season. We are looking for volunteers to assist individuals in our community who are unable to clear snow from the city sidewalks due to physical disabilities or restrictions. This is an on call position for volunteers until March 31; weather dependent.
- To Be a Snow Angel you must:
- Be 16 years of age or older;
- Live within close proximity of the participants houses; you can sign up for addresses that are close to you from the volunteer database;
- Clear snow from your matched city sidewalk(s) within 10 hours of the cessation (stop) of any snowfall that cased any accumulation of snow or ice on any city sidewalk
- Complete the snow shoveling before 7:30 pm (not to shovel in the dark)
- Be in adequate physical condition and capable of clearing snow
- Shovel, safety vest, toque and scarf are provided! (if needed)

Commitment: 1-2 homes per individual for the winter season; which is typically from mid-November to the end of March.

- If you would like to volunteer, please signup using this link http://bttr.im/xd7fg and sign up for an volunteer account. You will need to complete a Police Information Check and once this is complete you can sign up as per below:
- Opportunities Tab click on filter by organization
- Organization City of Coquitlam Special Events/Projects, Park Programs, Snow Angels, Volunteer Training
 - Category Snow Angels Sign-up (let us know that you are interested)
- Snow Angels Orientation Manual is will be sent upon approval, and please watch the <u>Proper Snow Shoveling Techniques video</u>. Then you can you can sign up for addresses that are close to you from the volunteer database;
- Organization Snow Angels Sidewalk Snow Removal
- Sign up for any of the addresses that are listed (more are added daily/weekly)
- Once you confirm assignment, Community Services staff will email you the exact address for you are to shovel in the event of a snow fall.
- Keep track of/log dates and hours volunteered through <u>www.myvolunteerpage.com</u>
- For more details or assistance, call the Volunteer Services at 604-927-6922 or email volunteers@coquitlam.ca.



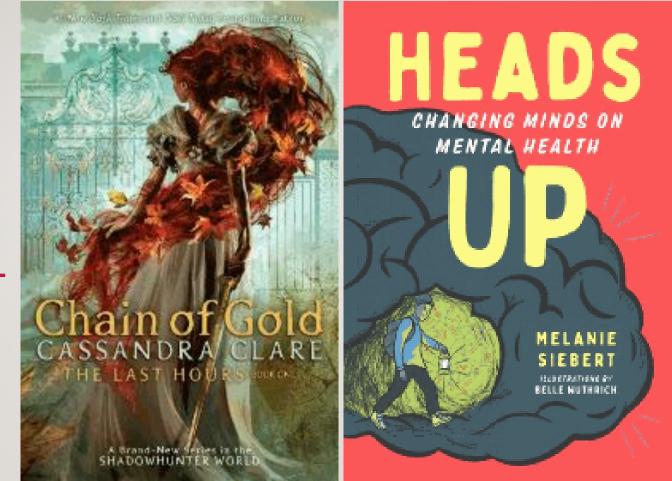
Science Connecting Youth

Interested in science and medicine but still not sure which specialty to pursue?

We feature undergraduate/graduate students and working professionals on our platform where you can ask questions about their experiences in science and medicine!

Check out @scyvancouver on Instagram or <u>our website</u> to learn more about what opportunities are out there for you!

NEW LIBRARY BOOKS – COME AND CHECK THEM OUT!



KODIAK ATHLETICS



SKI & SNOWBOARD TEAM

Unfortunately, there will NOT be a race team this year. Whistler has temporarily cancelled all races and lessons related to youth this year. If you have any questions, please see Mr. Baldus in room 316.





CHARITY BRIGHOUSE

Charity Brighouse

Need Volunteer hours?

Recruiting Volunteers!

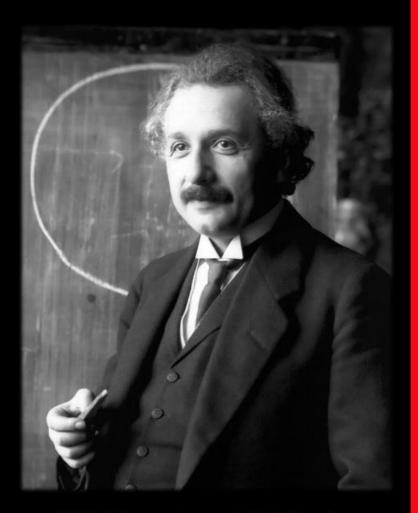
DM US ON INSTAGRAM AT O CHARITYBRIGHOUSE_PM

We are a student ran nonprofit organization that prepares youth to become leaders of today and tomorrow by creating and promoting opportunities for success

JOIN THE PHYSICS CLUB

WHO: All physics enthusiasts!

Join by emailing: Mr. Khalili pkhalili@sd43.bc.ca



"I have no special talents, I am only passionately curious"

WISH YOUTH NETWORK SOCIETY COVID-19 Care Package

November 24/26 (Tues/Thurs) 11:45am-12:30pm in the Grand Hall

All proceeds go to Eagle Ridge Hospital to support children with medical conditions!

One Package: \$5/each Includes: 1 mini hand sanitizer, 10 alcohol wipes, 5 disposable masks



: @hwss_photography



Photography Club

*We will meet on Team/

Click <u>HERE</u> to FILL out the FORM!

Z

R,

UN.

Building a Photo wall for ALL events/holidays
 Free to use ANY camera equipment in the school
 Opportunity to share your photography technique

HWSOAP TUTORING

Contact <u>hwsoaptutor@gmail.com</u> for free online peer tutoring in all school subjects!



HWSS Finance Club



VIRTUAL MEETINGS! Bi-weekly



Our focus is on learning how to invest, budget, spend, and save in order to work towards your financial goals.

Email 127-ncanofari@sd43.bc.ca or 127-rsheffield@sd43.bc.ca if interested!



Interested in equality, social justice, and being part of something great?

Join Girls Can Talk Society at our school!

- Gain volunteer hours
- Share your opinion on current issues
- Make a difference in our school community and the world!

Scan the code to join!

STOCK MARKET CLUB

Do you want to:

-Network with others who have real time experience in the market?

Click to add text

-Learn about stocks?

-Discuss stocks, debate picks?

-Analyze fundamentals and market psychology?

-Make money?

Scan the QR code to join



Or join by emailing 127-kwang@sd43.bc.ca

CAREER CENTER





HIGH SCHOOL MENTORSHIP

some numbers **3:1**

Maximum mentee to mentor ratio



UBC hosted mentorship events: kick-off meet and greet, university and study tips, end of program event



WIE BELIEVES IN EQUITABLE AND INCLUSIVE ACCESS TO ENGINEERING

OUR PROGRAM

Women in Engineering, UBC (WiE) seeks to increase high school students' access to UBC engineering, and to create a space where they can explore what engineering is and has to offer. Mentors will have the opportunity to support mentees through the program curriculum and various virtual mentorship events (eq. Kick Off: Meet and Greet, Applying to UBC Engineering, Design Team Workshops, etc). Additionally, mentors and mentees are free to schedule individual meetings outside the curriculum for any questions mentees may have regarding engineering, here at UBC or otherwise.

GOALS

This program seeks to:

- Excite and encourage future engineers
- Provide inclusive and equitable access to engineering
- Support students as they navigate the university application process
- Create connections between UBC Engineering and the greater Vancouver community
- Offer professional, academic, and interpersonal guidance to mentees as they transition into post-secondary

CONNECTING INTERESTED HIGH SCHOOL STUDENTS WITH UBC ENGINEERING MENTORS TO INFORM, EXCITE, AND INSPIRE.





Registration closes Sunday, November 22nd @ 11:59 pm PST

AS A MENTEE, YOU WILL...

- Connect with current engineering students and learn from their experiences in the field
- Explore different ways to get involved on campus
- Have your questions about university applications answered by upper year students
- Gain early insight into WiE events (eg. professional development workshops, design team presentations, etc)

TIME COMMITMENT

Your involvement will span from mid-November to the end of January, and will require about 10 hours of your time over the three months.

TIMELINE

Applications for Mentors OPEN Nov. 1st, @11:59 PM PST CLOSE Nov. 14th @11:59 PM PST

Applications for Mentees

OPEN Nov 8th, @11:59 PM PST CLOSE Nov. 22nd @11:59 PM PST Link: https://bit.ly/35H7wZX

Successful applicants will be contacted by email before Nov. 25th.

wie@apsc.ubc.ca wiecommittees@gmail.com

Fred Kaiser Building 2332 Main Mall | Vancouver, BC Room 1120C | Unceded Musqueam Land



McMaster University – Monday, Nov. 23rd 4:00 pm

BRIGHTER WORLD

McMaster

Want to learn more about McMaster?

Please Join us for our Forward Thinker presentation.

- Date: Monday, November 23, 2020
- Time:4:00pm-5:00pm PST
- To obtain the link for the presentation, please register in advance at:

https://calendly.com/macadmitfarah/heritage-woods Theme: Global Health Saturday, Nov 28, 2020 - 9:00am to 4:00pm High school students will work in teams to develop innovative solutions to the problem presented on the competition day. After developing their solution, teams will present their work and the winning team will be awarded. *Note:* each student will register individually, but can select their own team. *Don't have a team? Don't worry!* Simply let us know in the registration form and we will place you in a team.

Find out more and register <u>here</u>!

The event is co-hosted by Outward Engineering and UBC Geering Up Engineering Outreach.



UBC Engineering Prospective Student Online Presentations

UBC Engineering Prospective Student Online Presentations

If you or your students missed any of our presentations this fall, be sure to

check out the recordings on youtube.com/UBCEngineering.

There is still one last presentation coming up before the winter break:

Dec 3, 2020 - 4:30-5:00pm

UBC Engineering: What To Know About and How To Get Started

Find out more info and register <u>here</u>!

Please see attached digital poster for the parent session scheduled on Wednesday, Nov. 25th at 7:00pm to 8:30pm. Here's the Zoom link as well:

https://sfu.zoom.us/meeti ng/register/tZllcemspzspE tL_ZVhv79lWmNe7tCHo4 pJY

PARENTS AS EDUCATION AND CAREER COACHES -COQUITLAM

VIRTUAL ZOOM SESSION

An interactive session designed to support parents in guiding their student in making informed decisions about their education and career choices after high school.

What you can expect:

- 1.Overview of all the resources available on EducationPlannerBC.ca
- 2. Discover the different pathways available for students
- 3. Supports available at post-secondary institutions
- 4. Tips on scholarships and financial aid 5. O & A

Wednesday, November 25, 2020 7 pm - 8:30 pm PST

Registration is required. To register, click here!

Hosted by EducationPlannerBC

RYERSON UNIVERSITY Virtual School Visit Thursday, Nov. 26th 4:00 pm – 5:00 pm



Ryerson University Virtual School Visit

Find out what it is like to study in downtown Toronto!

Date: Thursday, November 26th Time: 4:00 pm - 5:00 pm Location: On Zoom

- Webinar ID: 998 6202 8623
- Password: 496262

Get your own Ryerson Admissions Handbook here:

https://www.ryerson.ca/admissions/und ergraduate/handbooks/



Follow @whyryerson





Have you been thinking about studying Business, Science, Technology, Engineering or Mathematics after high school but not sure where to start? SheBiz 2020 is the perfect opportunity to learn more about careers in Finance from current university students and professionals in the industry.

We'll have representatives from some of Canada's largest financial institutions and universities that you'll be able to talk to and learn from directly. Don't miss out on this exciting event, tell your friends and make sure to register before it's too late!

Wednesday, November 25, 2020 12:30PM - 3:30PM EST Virtual on Hopin



MD ADMISSIONS Outreach Ambassador Program

SD43-UBC Department of Medicine Night

It not too early to start exploring the path to becoming a medical doctor. A presentation led by the <u>UBC MD Student Outreach Ambassador Program</u> will be held on Wednesday, Nov 25 @7PM.

- All Gr 9, 10, 11 and 12 students and parents are invited to attend. You can have a lively and engaged discussion with current medical students who will provide valuable information, real-life experiences, and practical advice on pursuing the path to becoming a medical doctor.
- O Join the Zoom meeting from this link: https://ubc.zoom.us/j/64840771869?pwd=cU9ZdVhUb3d2NkdXUHJJem5KM2o3Zz09
- Meeting ID: 648 4077 1869 Passcode: 123456
- O <u>Slido.com</u> will be used to ask questions. Event number is #62291
- Student are welcome to ask questions "in-person virtually" as well.

For more information on the program visit: <u>https://mdprogram.med.ubc.ca/admissions/md-</u> ambassador-outreach-program/

FUSE CIRCUIT: Q & A WITH CANADIAN BUSINESS SCHOOLS WE ARE BACK! FUSE SOCIETY IS EXCITED TO ANNOUNCE ITS INAUGURAL WEBINAR, FUSE CIRCUIT: Q & A WITH CANADIAN BUSINESS SCHOOLS.

FUSE Circuit is a free interactive panel event where participants get a chance to directly hear from admissions officers of top Canadian business schools about the admissions process, criteria for a successful application, and program evaluations. Students will have the opportunity to ask questions to admissions officers in a general discussion, then ask school-specific questions in two breakout sessions of their choice. Our goal is to prepare YOU for admissions to business post-secondary programs, particularly with the changes from COVID-19.

Admissions officers will be featured from the following schools:

- Ivey School of Business, Western University
- Rotman School of Business, University of Toronto
- Smith School of Business, Queen's University

For those who are seeking to apply to business school, this webinar is an invaluable resource to directly communicate with admissions officers. For students who are considering applying to business, FUSE Circuit serves as great insight into the application process.

FUSE CIRCUIT CONTINUED

Here's the lineup for this year:

- 1 hour general panel with all admissions officers
- Two 30-minute breakout sessions with admissions officers from two schools of your choice
- Admissions representatives from 3 distinguished Canadian business schools

SAVE THE DATE: November 28th, 2 PM - 4 PM PST | 5 PM - 7 PM EST

- We are funded by grants and have made this event completely free to make it as accessible as possible.
- Students can sign-up through a Google Forms here: <u>https://docs.google.com/forms/d/e/1FAlpQLSe4TqgwLpPXbYdB3n0ag5_zzEH</u> <u>b9KtXKCwMMbUJ9qMsimtALA/viewform?usp=sf_link</u>

Please email admin@fusesociety.ca for any inquiries or concerns.



- Calling all grade 11 and 12 students! Join SFU Faculty of Environment for a series of interactive webinars to help you test drive your university experience. Each 45 minute webinar features an SFU professor and current students from different majors within the Faculty including Geography (November 24), Resource and Environmental Management (November 26), Environmental Science (November 30) and Archaeology (December 2) to help you experience how studying in the Faculty of Environment at SFU really is more than you think!
- Register here:

http://www.sfu.ca/fenv/students/prospectivestudents/Testdrive.html



Session Link: Microsoft Teams meeting Join on your computer or mobile app Click here to join the meeting

(You don't need a MS Teams account or app)

- Parents and students are invited to our BEng Software Engineering information session!
- TRU Bachelor of Engineering in Software Engineering events have transitioned to online for the 2020-2021 school year, but there are still lots of ways for your students to connect with us! We appreciate you sharing the upcoming parent information session with parents and students in your school.

Virtual Info Session for Parents

admissions requirements

We help students create their own path with a career in Software Engineering!

TRU Bachelor of Engineering in Software Engineering

5:00PM, Tuesday, December 15, 2020 MS Teams Virtual Platform RSVP: engr@tru.ca tru.ca/se



ON RIVE

BACHELOR OF ENGINEERING IN SOFTWARE

Create your own path with a career in Software Engineering

Do you want a career that allows you to make an impact, and that is part of one of the fastest growing and most in demand professions in Canada? Do you want to contribute to the ever-growing need for software based solutions across a variety of industries and professions?

With a focus on skill-based learning and a commitment to small class sizes, the Software Engineering program at TRU provides a hands-on experience led by industry professionals. By blending engineering, business, computing science, project management and quality assurance, students receive a well-rounded and multi-faceted education that equips them with skills needed for the workplace.

EXPERIENCE HANDS ON LEARNING

The program's focus on experiential learning includes two mandatory co-op work terms in the fourth year of the program, which puts students in the position to be a paid employee before graduation and have opportunities to test-drive the wide variety of career options available in software engineering.

Career Paths in Software Engineering

- Manufacturing
 Research
- Medicine
- Banking
- Technology companies such as Google, Amazon and Facebook Entertainment

THE TRU SOFTWARE ENGINEERING ADVANTAGE

Automobiles

- Offers strong foundations in principles and practice of software systems development, and related computing technologies.
- Students develop knowledge of the tools, technical skills and competencies required to design, develop, test and maintain cycles of software product.
- Emphasis on project-based learning practices that apply theoretical concepts to practical problems.
- Co-op work terms to gain relevant, paid work experience in industry.
- One-year design capstone project from real world industry to gain in-depth experiential learning.

ADMISSION REQUIREMENTS

First Year Entry

- BC Grade 12 (or equivalent).
- BC English 12 with a minimum of 67% (or equivalent).
- · Pre-Calculus 12 with a minimum of 67% (or equivalent).
- · Chemistry 11 with a minimum of 67% (or equivalent).
- · Physics 11 with a minimum of 67% (or equivalent).

You may also be considered for second or third year direct entry if you have completed or partially completed first or second year scien engineering or cognate department courses. Please contact Dr. Faheem Ahmed for more information and evaluation at engr@tru.ca.

CONTACT US

Kammi Madsen, Engineering Advisor & Accreditation Coordinator 778-471-8698 | engr@tru.ca To apply for this program, visit tru.ca/admissions/apply



THOMPSON RIVERS UNIVERSITY



Grade 12 students: Scholarships!!

Please see the link for a power point presentation with information on some upcoming major scholarship opportunities.

- You will find links to these plus other scholarships on the career centre webpage under the Finances/Awards tab.
- This PPT is also located on the front page of the Finances/Awards page.
- <u>http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/care</u> <u>er/Pages/FinancialAid.aspx#/=</u>
- Scholarships are listed by due date. Most are external but some are entrance/school specific so check both places.
- Please remember to check back to that page regularly. It is updated as information is released for 2021 scholarship deadlines and procedures.

If you have questions about scholarships please email Ms. Butler dbutler@sd43.bc.ca

Upcoming SD43 virtual Info sessions:

Monday November 23 5 pm Douglas College <u>https://douglascollege-</u> ca.zoom.us/meeting/register/u5lqce-qqjoiG9f6MFFYEcaxF-Jnhlo4lb85 After registering, you will receive a confirmation email containing information about joining the meeting.

Monday November 23 4 pm McMaster University Registration link: <u>https://calendly.com/macadmit-farah/heritage-woods</u>. This is a registration link! Please register *at least 12 hours prior* to the presentation. Once registered, you will immediately receive an auto-generated confirmation email with the link to the presentation. (registration will be open right until the presentation)

Wednesday November 25 3:30 pm Douglas College Register in advance for this meeting: https://douglascollege-ca.zoom.us/meeting/register/u5Atc-Gqrz8tE9W3uCps4ljWhv94le72iBqS

After registering, you will receive a confirmation email containing information about joining the meeting.

Monday November 30 6 pm McGill https://mcgill.zoom.us/j/96285218683

Upcoming SD43 Virtual Info Sessions continued . . .

- Wednesday November 25 4 pm University of Calgary: https://ucalgary.zoom.us/meeting/register/tJAvdOyhrD8rG91b08GUTj0Df
 Cdfmrws1_9k Registration is open NOW
- Thursday November 26 4 pm Ryerson University: Save the date https://ryerson.zoom.us/j/99862028623?pwd=bVpDR0dBTEJwVSt0aU52d XhRK2puZz09 Passcode: 496262

Community Fairs open to anyone

Wednesday, December 2 3:00 – 7:00 pm

PSBC Registration link: <u>https://postsecondarybcvirtualfair.easyvirtualfair.com</u>

BISHOPS UNIVERSITY

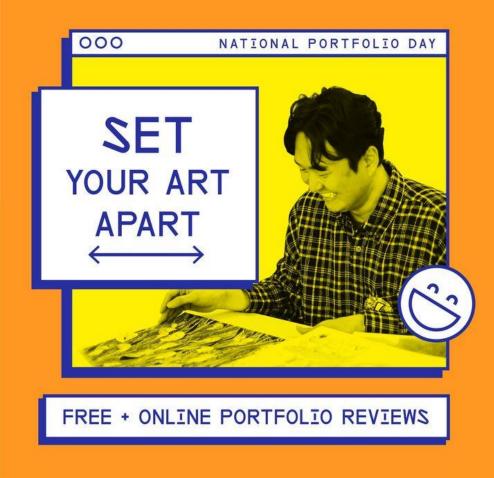
Tuesday, Dec 1, 2020, 05:00 PM PST : https://us02web.zoom.us/meeting/register/tZMkceygqDwrGdbiGV64T06X_8GTbn351K ZP

Thursday, Jan 14, 2021 05:00 PM PST: https://us02web.zoom.us/meeting/register/tZMrduCrpzIjGNQebEFJTQLKlSUGCsWDp stl

→After registering, students will receive a confirmation email containing information about joining the meeting.

QUEEN'S UNIVERSITY

- THURSDAY NOVEMBER 19 6 PM QUEEN'S UNIVERSITY
 HTTPS://QUEENSU.ZOOM.US/S/97526753916?P
 WD=QKZHB3LKTMY5CZDJSUHTRUV6CWX4DZ09
 PASSCODE: F2GEH9
 REGISTER NOW!!
- YOU WILL BE REQUIRED TO COMPLETE A REGISTRATION FORM PRIOR TO JOINING THE EVENT SO PLEASE COMPLETE THIS REGISTRATION PRIOR TO THE EVENT, TO ENSURE THAT WE WILL BE ABLE TO GET STARTED WHEN EVERYONE HAS JOINED US.



Events

For High School students and High School graduates

Saturday December 5

- <u>https://nationalportfolioday.org/</u> <u>schedule/</u>
- Register now at <u>http://nationalportfolioday.live</u>

SFU – Beedie School of Business



Are you interested in attending the SFU Beedie School of Business?

<u>Webinars</u>

 We will be hosting webinars on Wednesdays at 4pm. All are welcome to attend, and registration can be made at <u>beedle.sfu.ca/bachelor-of-business-administration-webinars</u>

Interactive Viewbook

 Our interactive viewbook, complete with stats, student testimonials, and video content is now available! Go to bottom of the page on <u>beedle.sfu.ca/bba</u> to take a look.

<u>Connect with a Current Student or Advisor</u>

- Do you have questions about the SFU experience? Are you interested in tips on how to make a successful transition to university from someone who's already done it? Book a video conference chat with a current SFU Beedie student or one of our advisors at <u>sfubeedle.janeapp.com</u>.
- If all advisor slots are booked, send us an email at <u>bsb_admit@sfu.ca</u> to set up a time.

Post-Secondary BC Events: Registration information not yet available but will be soon.

https://www.postsecondarybc.ca/events/

https://www.youtube.com/watch?v=t7-Ath mH2E

• Wednesday, December 2 3:00-7:00 Community Event *this event will feature the 25 BC post-secondaries

SFU / UVIC / UBC / U OF T

SFU:

- <u>https://www.sfu.ca/students/admission/campus-tours.html</u>
- Prospective Undergrad students **UVIC:**
- November 24
- <u>https://www.uvic.ca/undergraduate/tours-events/events/index.php</u>

<u>U of Toronto:</u>

- <u>U of T Webinar for Prospective Students</u> Monday, November 23 at 8:30 AM
- This is just a small sample of the events happening.
- For virtual information session schedules at other universities please log on to the school admissions website to find information.
- We are also in the process of scheduling some HWSS or SD43 specific information sessions. Stay tuned for those!



Zoom Information Session Monday Nov 30, 2020 5:00 - 6:00 pm

Study Business, Hotel Management & Culinary Arts at 4 of the top schools in Switzerland

2 Bachelor's Degrees in 3 years



Zoom info

Zoom ID: 316 316 2237

2 global, paid internships



https://us02web.zoom.us/j/88948811517?pwd=L2xMMVJkV01veFYvMU8vWEozN2xjQT09

REPEAT NOTICES

